

2017 ShopRite Nutmeg State Games Youth Swim Meet

Warm-Up Schedule

Warm up 1 (13/over) – 8:30 – 9:00

Warm up 2 (12/under) – 9:05 – 9:30

Sprints – 9:35 – 9:50

Start – 10:00

13/over

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
CPAC (2)	RAC (6)	GLAS (5)	WRTS (8)	WWRX (3)	MJCC (2)
WFDY (3)	MRDN (2)	EDST (2)		NSC (3)	NWYL (1)
GWBC (1)				IVY (1)	S70 (1)
HMST (1)					SYS (1)
					UN-Giannini
					UN-Salmassi

12/under

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MRDN (13)	CPAC (1)	RAC (15)	IVY (2)	WRTS (16)	MJCC (8)
	GLAS (4)		Plainville (5)		NSC (7)
	NMEG (1)		WFYD (6)		
	WHAT (1)				
	GRYM (2)				
	Rectory School (1)				
	Wildcat Swim Club (1)				
	SYS (1)				
	STAM(1)				

Sprints	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	Pace	Sprint	Circle	Circle	Sprint	Sprint

