2022 ShopRite Nutmeg State Games
Competition and Basic Skills Announcement

ShopRite Nutmeg State Games
Hosted by Finer Edge FSC
July 9-10, 2022
Sanction #30775

The ShopRite Nutmeg State Games will be conducted in accordance with the rules and regulations of the U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted of the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or a readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club, Learn to Skate USA or an individual member of U.S. Figure Skating in accordance with the current rulebook. Refer to the current rulebook for non-U.S. Citizens.

The 2022 ShopRite Nutmeg State Games Figure Skating Championship is a qualifying competition for the 2022 National State Games of America (SGA) to be held July 27-31, 2022 in Des Moines, Iowa. Skaters may choose to enter each event at SGA that they qualify for by virtue of placing first, second or third at the ShopRite Nutmeg State Games competition.

ELIGIBILITY/TEST LEVEL:

Eligibility for State Games of America: Competitors whose primary residence **is not** in Connecticut may compete in the ShopRite Nutmeg State Games Figure Skating competition, provided that they are a member in good standing of a Connecticut based skating club or live in state that does not offer a state games program. Also, any out-of-state figure skater competing in Connecticut's ShopRite Nutmeg State Games understands and waives their right to compete in the State Games Figure Skating competition in their primary state of residence or any other State Games Figure Skating competition during the 2022 competitive season. See attached Out of State Competitor's Wavier.

Age restrictions/requirements: Singles free skate events (IJS well-balanced program) have the following requirements:

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger
Open Juvenile: Girls – 13 years or older; Boys – 14 years or older
Intermediate: must be under the age of 18
Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group. The LOC reserves the right to combine levels where there are not enough entries.

Test level: Competition level is the highest test passed as of the entry deadline (**June 6, 2022**), in the discipline the skater is entering. Skaters may skate one level above that for which they qualify, but they may not skate down in any event. Skaters may enter either well balanced or Excel free skate events, but not both.

COMPETITION REGISTRATION via EMS:
Entries for Nutmeg State Games events will be accepted via the EMS Competition Portal with credit card only. Each transaction includes a 3% credit card fee.

Registration Deadline: Monday, June 6th, 2022 at 11:59 pm Eastern
Late Registration Deadline: Tuesday, June 7th thru Sunday, June 12th 2022 at 6:00 pm Eastern + $30 Late Fee

Competition registration may close early if the maximum number of entries is reached prior to the deadline. Late entries may be accepted at the discretion of the Chief Referee and Competition Chairs.

1. Go to https://usfigureskating.org
2. Click "Login In" in the upper-right menu bar.
3. Enter your U.S. Figure Skating or your Learn-to-Skate USA member number and password
    a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
4. Click EMS then "Competition Registration"
5. Choose "NUTMEG STATE GAMES" from the list of nonqualifying competitions.
    a. If you need assistance completing your registration, contact productsupport@usfigureskating.org

ENTRY FEES:

Singles IJS events (Juvenile through Senior):
$150 – first event
$ 80 – each additional event

Singles non-IJS events (Excel; Adult; Showcase; Well-balanced No Test through Pre-Juvenile):
$100 – first event
$ 30 – each additional event

Basic Skills Events:
$ 45 – first event
$ 25 – each additional event

Payment of all fees will be required before skater is allowed to participate in practice ice or events.

REFUND POLICY: Entry fees will not be refunded unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Payment of fees will be required before skater is allowed to participate in practice ice or events.

FACILITIES: The competition will be held at Newington Arena, 300 Alumni Rd. Both surfaces are 200' x 85' with slightly rounded corners.

MUSIC SUBMISSION VIA EMS UPLOAD: DEADLINE: JULY 1, 2022 at 11:59 pm Eastern.
Competitors participating in events with music are required to upload their music to EMS no later than **Friday, July 1st.** After this date, skaters will be locked out of this feature and subject to a **$30 Late Fee.** The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS SKATER MUSIC UPLOAD HOW TO: CLICK HERE
If you need assistance, email productsupport@usfigureskating.org

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:
- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
    - This will be verified by the music chair and they may request you upload a corrected file.
    - Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

PLANNED PROGRAM CONTENT VIA EMS UPLOAD: DEADLINE: Friday, July 1st at 11:59 pm Eastern
Competitors participating in IJS events are required to submit their PPC in EMS no later than **Friday, July 1st.** After this date, skaters will be locked out of this feature in EMS and subject to a **$30 Late Fee.** The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS PPC UPLOAD HOW TO: CLICK HERE
If you need assistance, email productsupport@usfigureskating.org

LIABILITY: U.S. Figure Skating, Finer Edge FSC, ShopRite Nutmeg State Games and Newington Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:
Well-balanced juvenile through senior events will be judged using the IJS System. All other events will be judged under the 6.0 Majority Judging System. There will not be final rounds for any events.

ONSITE CHECK-IN:
All athletes must check in at the ShopRite Nutmeg State Games athlete check-in location.

TEST CREDIT:
Skaters that meet the requirements for test credit may request their test credit packet by submitting a request form, along with a $20.00 administrative fee. Request forms can be submitted to registration prior to the end of the last event of the competition. Test credit packets will be emailed, as soon as possible, following the competition.

PRACTICE ICE: Practice ice is not included in your entry fee and can only be purchased through the EMS Competition Portal. A timeline for practice ice sales periods will be available for viewing on the Main Page of your EMS skater portal. There is no need to pre-purchase practice ice credits; information regarding practice ice will be emailed out to all competitors and posted on the event website.

SCHEDULE: The schedule of events is determined by the total number of entries and by the number of entries in each event. A schedule of events will be available at EMS approximately two weeks prior to the event. **Please note that the schedule is prepared by the competition referee and is based on the number of skaters, the events entered and the availability of competition officials. Every effort will be made to separate the short and long programs between two days. Be aware this separation is not guaranteed. The LOC has no prior knowledge of the schedule of groupings.**

PHOTOGRAPHY/VIDEOGRAPHY: Cinematic Images is the official Event Photographer & Videographer for the 2022 Nutmeg State Games Figure Skating Competition. **Special rates apply during the registration period** and must be purchased **by the registration deadline of June 6th** to receive the special rates listed below. Follow this special rate link and click on the Nutmeg State Games Pre-Order button to purchase. Please note: if you are participating in multiple events, you will receive the photos or video for all the events that you are registered in for the prices listed below:

- Photo Only: $65.00
- Video Only: $65.00
- Photo & Video: $100.00

*** Purchases of photo or video after the registration deadline will be $65 for photos per event and $65.00 for video per event. There will be no discount for the package of both or multiple events.

About Cinematic Images:
Located in Berlin, Connecticut, Cinematic Images has been providing Event Photography and Videography throughout the Northeast for over 30 years. In addition to Sports, Cinematic Images also specializes in Super Creative High School Senior Portraits, Theater, Family portraits, Dance, Mitzvahs and Weddings.

Website: https://cinematic-images.com

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.

AWARDS: Medals will be presented for 1st, 2nd, and 3rd place in each group. Awards ceremonies will be scheduled approximately every 30 minutes. Awards may also be picked at the information desk after the results have been finalized.

COVID-19 INFORMATION: The 2022 ShopRite Nutmeg State Games will be complying with all local regulations and any additional public health notices in place at the time of the event, including recommendations from US Figure Skating and our host facility.

OFFICIAL NOTICES:
There will be a figure skating information desk located in the lobby area. The desk will open one hour prior to the start of each day. Awards schedules and practice ice information will be available at the desk. It is the responsibility of each competitor, parent and coach to check the information desk frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. All start orders and results will also be available on EMS and posted online at Nutmeg State Games Website following the conclusion of the event.

IMPORTANT NOTICE FOR ALL COACHES:
To be a credentialed coach at a sanctioned non-qualifying competition, coaches must meet the following requirements:

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SkateSafe Training*
- Continuing Education Requirements (CERs) for the 2022-23 Competition Season
- Proof of current general liability insurance with limits of $1 million per occurrence/$5 million aggregate
- Must agree to the U.S. Figure Skating Code of Ethics
- Must complete three waivers: (1) Assumption of Risk, Waiver and Release and Indemnification Agreement, (2) Medical Consent and (3) Name and Likeness Release and Consent Agreement

Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SkateSafe Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SkateSafe training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The Local Organizing Committee (LOC) will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing.

For more information regarding Coach Compliance, please visit: Coach Compliance Link

CONTACT INFO:
If you have questions, please contact Finer Edge FSC at FinerEdgeNutmeg@gmail.com

ACCOMODATIONS: Holiday Inn Express, 2553 Berlin Turnpike, Newington, CT 860-372-4000.

SECTION 2: Events Offered

LEARN TO SKATE USA EVENTS (w/music) & COMPULSORY

Program requirements available at: Learn-to-Skate USA Rulebook Link

- Snowplow Sam
- Basic 1-6
- Pre-Free Skate
- Free Skate 1-6
- Adult 1-6

EXCEL FREE SKATING EVENTS (w/music) & COMPULSORY

(6.0 Judging System)
Program requirements available at USFSA Members Only → Excel: Excel Rulebook Link

- Excel Beginner Free Skate
- Excel High Beginner Free Skate
- Excel Pre-Preliminary Free Skate
- Excel Preliminary Free Skate
- Excel Preliminary Plus Free Skate
- Excel Pre-Juvenile Free Skate
- Excel Pre-Juvenile Plus Free Skate
- Excel Juvenile Free Skate
- Excel Juvenile Plus Free Skate
- Excel Intermediate Free Skate
- Excel Intermediate Plus Free Skate
- Excel Novice Free Skate
- Excel Junior Free Skate
- Excel Senior Free Skate

SINGLES FREE SKATING EVENTS

Well-Balanced Events USFS Rulebook Link
This competition will follow 2021-2022 United State Figure Skating Rules.
Program requirements are listed in the US Rulebook under the following rule numbers

• No Test Free Skate (6.0 Judging System)	U.S Rule 6490
• Pre-Preliminary Free Skate (6.0 Judging System)	U.S Rule 6480
• Preliminary Free Skate (6.0 Judging System)	U.S Rule 6470
• Pre-Juvenile Free Skate (6.0 Judging System)	U.S Rule 6460
• Juvenile Free Skate (IJS)	U.S Rule 6450
• Intermediate SP & FS (IJS)	U.S Rule 6440
• Novice SP & FS (IJS)	U.S Rule 6430
• Junior SP & FS (IJS)	U.S Rule 6420
• Senior SP & FS (IJS)	U.S Rule 6410

ADULT SKATING EVENTS

Adult events are in accordance with 2021-22 U.S. Figure Skating Rules 6530-6551

- Adult 1-6 Beginner – Bronze Compulsory (6.0 Judging System)
- Adult 1-6 FS with music (6.0 Judging System)
- Adult Beginner FS (6.0 Judging System)
- Adult High Beginner FS (6.0 Judging System)
- Adult Pre-Bronze FS (6.0 Judging System)
- Adult Bronze FS (6.0 Judging System)

Adult Skating Rules Link beginning on page 15

• Adult Silver FS (6.0 Judging System)	U.S. Rule 6540
• Adult Gold FS (6.0 Judging System)	U.S. Rule 6530
• Masters Intermediate – Novice FS (6.0 Judging System)	U.S. Rule 6520
• Masters Junior – Senior FS (6.0 Judging System)	U.S. Rule 6500

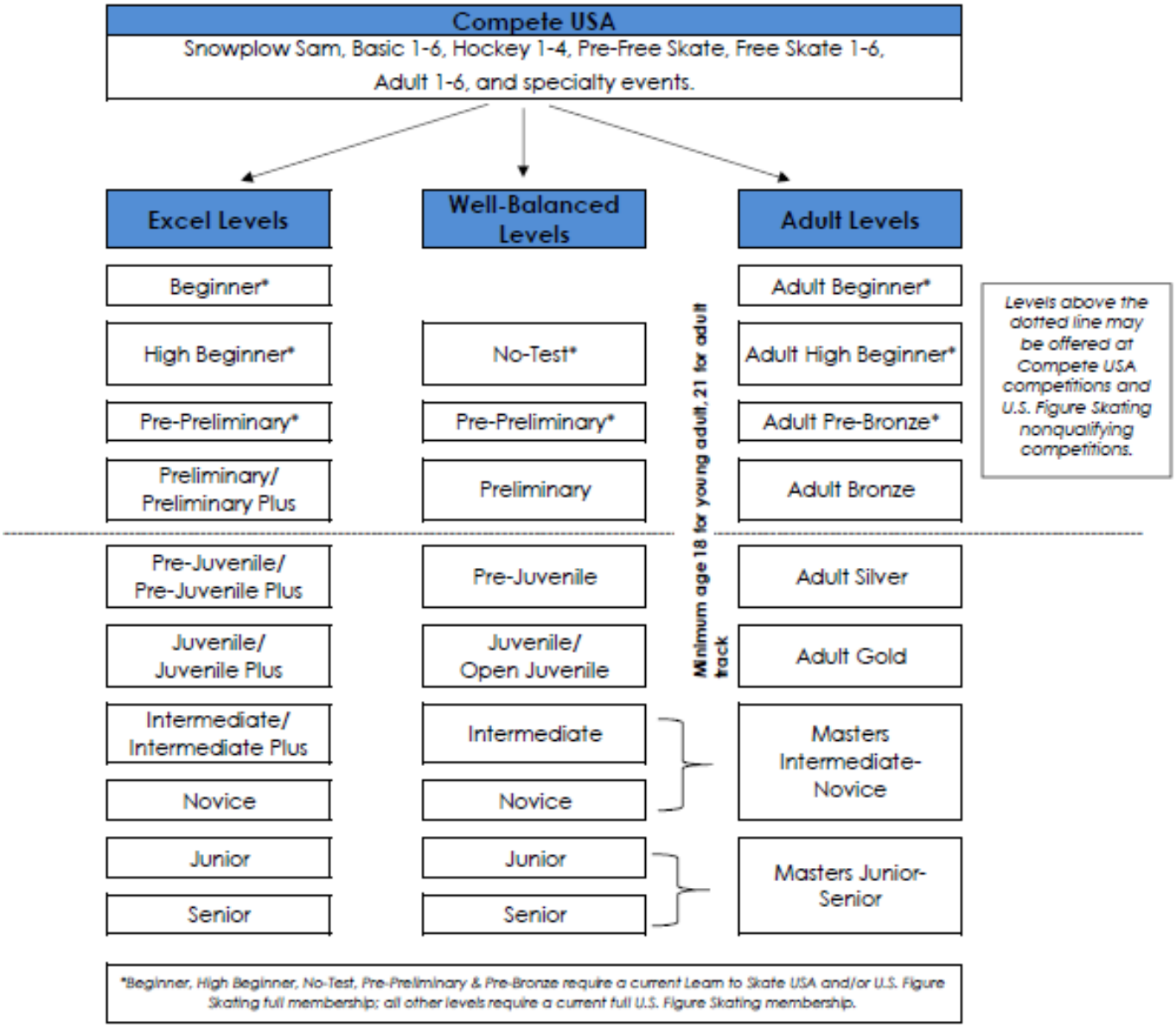
SHOWCASE EVENTS (6.0 Judging System)

Program requirements available at: Showcase Guidelines Link

- Basic 1-6 Light Entertainment
- Pre-Free Skate – Free Skate 6 Light Entertainment
- Adult 1-6 Light Entertainment
- Basic 1-6 Dramatic Entertainment
- Pre-Free Skate – Free Skate 6 Dramatic Entertainment
- Adult 1-6 Dramatic Entertainment
- Beginner – Preliminary Character Performance
- Adult Pre-Bronze – Adult Masters Character Performance

COMPETITIVE PROGRESSION THROUGH THE LEVELS OF U.S FIGURE SKATING

Singles athletes begin with Compete USA competitions. Once athletes begin the official U.S. Figure Skating test structure, they can choose to enter the Excel, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Excel and Well-Balanced levels. It is completely the choice of the athlete which track to follow; athletes may switch between tracks as best suits their development, but may not enter the same type of event in multiple tracks. Competitive level is determined by highest free skate test passed.



NUTMEG STATE GAMES

OUT OF STATE COMPETITOR'S WAIVER

Figure skating competitors whose primary residence **is not** in Connecticut may compete in the Nutmeg State Games Figure Skating competition, provided that they are a member in good standing of a Connecticut based skating club or live in state that does not offer a state games program.

As figure skaters compete for the opportunity to advance to the State Games of America, they may compete in **only one** State Games figure skating competition. Therefore, any out-of-state figure skater competing in Connecticut's Nutmeg State Games understands and waives their right to compete in the State Games Figure Skating competition in their primary state of residence or any other State Games Figure Skating competition during the competitive season.

I am a member in good standing of a Connecticut based skating club and am therefore eligible to skate in the Nutmeg State Games Figure Skating Competition. Furthermore, I understand and agree that by doing so, I waive my right to compete during the 2022 competitive season in any other State Games Figure Skating competition

_____ _____

Competitor's Name USFSA Number

_____

Skating Club

_____ _____

Parent's Signature Date

This waiver must be signed and returned before competition. Out-of-state competitors will not be permitted to compete without signed waiver on file.

Please remit to:
CT Sports Management Group, Inc.
Attn: Nutmeg State Games
975 Middle St. Unit G.
Middletown, CT 06457
Ph: (860) 788 7041
Email: nutmeg@csmg.org