# 2022 Shoprite® Nutmeg State Games Location/Date:

- Middletown High School
- ♦ Sunday, July 24th
- Registration / Check in / Weigh in: 8:00 AM 9:00 AM
- The meet will begin at 10:00 AM

# Age Groups/Weight Classes

- New for 2022: Girls Division:
  - 106 LBS, 113 LBS, 120 LBS, 126 LBS, 132 LBS, 138 LBS, 145 LBS, 152 LBS, 170 LBS, 195 LBS
- ◆ Intermediate 13 15 (COED):
  - 95 LBS, 100 LBS, 106 LBS, 113 LBS, 120 LBS,
     126 LBS, 132 LBS, 138 LBS, 145 LBS, 152 LBS,
     160 LBS, 170 LBS, 182 LBS, 195 LBS, 220 LBS
- ◆ Scholastic 16 18 (COED):
  - 106 LBS, 113 LBS, 120 LBS, 126 LBS, 132 LBS, 138 LBS, 145 LBS, 152 LBS, 160 LBS, 170 LBS, 182 LBS, 195 LBS, 220 LBS, 285 LBS
- ◆ Open 19 & Up (COED):
  - 125 LBS, 133 LBS, 141 LBS, 149 LBS, 157 LBS,
     165 LBS, 174 LBS, 184 LBS, 197 LBS, 220 LBS, 285 LBS

# Wrestling Meet Format:

- Double Elimination. If less than 5 in a weight class Round Robin.
- The meet style is Folkstyle.
- ◆ 3 periods at 1-2-2 minutes in length
- 4 Mats will be used. Air Conditioned Gymnasium

## What Each Participant Gets:

- T-Shirts for Each Participant
- Medals for the top 3 finishers in each division
- Oualifier for the 2023 State Games of America

### Entry Fee & Registration info:

- Pre Registration Fee: \$30.00
- Onsite Registration Fee: \$40.00
- www.NutmegStateGames.org/individual-sports/wrestling/
- Pre-Registration Deadline: July 22nd

Please Note - Admission for spectators is \$5.00 for adults, \$3.00 for students and senior citizens.





### 2022 ShopRite Nutmeg State Games-Individual Sport Athlete Entry Form

Online Registration & Fee Information: www.NutmegStateGames.Org

Phone#: (860) 788 7041 EMAIL: Nutmeg@CSMG, 975 Middle Street, Unit G, Middletown, CT 06457

First Name:	Last Name	Gende	r: - Male - Female
Date of Birth:	T-Shirt Size: YL YXL S	<b>VI L XL 2X Region*:</b> (Circ	cle One) North South East West
Street Address:	Cit	y:	State: Zip
Cell/ Phone Number:	Em	Email:	
Emergency Contact (First & L	ast Name)	Phone	#:
SELECT SPORT (Circle One) **	*= Required Information. <i>Note</i>	: Cvcling: Use Bikereg.com	Figure Skating Use Entry-EEZE.com
□ARCHERY: Division		FENCING GOLF GYM	NASTICS: Division
Swimming / Track & Field: Pleas	se list the events you will be compe	ting in. <b>Swimmers</b> include be	st estimated time per event.
Event (1):	TIME:	Event (4):	TIME:
Event (2):	TIME:	Event (5):	TIME:
Event (3):	TIME:	_	
HOW DID YOU HEAR ABOUT THE SH	HOPRITE NUTMEG STATE GAMES? Coa	ch Email Newspaper Postcard	Poster Previous Participant Radio Web Search
Releas	se of Liability Waiver, Hold H	armless Agreement, Ple	dge and Consent
responsibility for my participation; and, 3. I willingly agree to comply with the s or participation, I will remove myself fre 4. I, for myself and on behalf of my hei officials, agents and/or employees, vol- activity ("Releasees") WITH REPECT TO WHETHER ARISING FROM THE NEGLIGE 5. I declare that to the best of my know to the CSMG, Inc. (Nutmeg State Games 6. I, also, declare on my honor that I am related events and activities. I will com 7. I hereby consent to allow my picture to allow my picture or likeness to appea incidental to my participation in the Nu 8. I acknowledge that I am aware tha any and all communicable disease, for Coronavirus Disease (COVID-19 9. I agree to touch-free temperature 10. I declare that I have personal med In consideration of having the oppo- willing to assume the risks associat Management Group and its trustee whatsoever arising out of ordinary	tated and customary terms and conditions om participation and bring such to the atters, assigns, personal representatives and nunteers, other participants, sponsoring age ANY AND ALL INJURY, DISABILITY, DEATH, NCE OF THE RELEEASEES OR OTHERWISE, to dedge, I am in good physical condition and so, CT Masters Games etc.), its related event in an amateur and fulfill the conditions stipuliete in the Games, keep myself in top physical in the Games, keep myself in top physical in any official documentary, sponsor advitmeg State Games and without compensate there are risks to me of exposure to direct in the Games, including but not limited to, the virus "so) and/or any mutation or variation there checks upon arrival at any facility. I considical coverage and that I have read the resortunity to participate as either a team ed with this activity, I hereby voluntaries, agents, volunteers and employees finegligence which I, my heirs, my assig	for participation. If, however, I obsortion of the CSMG immediately; and ext of kin, HEREBY RELEASE, INDEMI encies, sponsors, advertisers, and, if or loss or damage to person or proportion the fullest extent permitted by law have no disease or injury that would sand activities; and, allated by the CSMG, Inc. (Nutmeg Statical condition and retain my amate edia pages as well as promotional mertisement or exclusive television of contonion to me; and, rectly or indirectly arising out of, contonion to we are acute respiratory syndrome and to wearing a mask (face coverelease and waiver and by signing in member or competitor at locating agree to waive, hold harmles from any and all claims, demand ans or successors may have again	NIFY, AND HOLD HARMLESS CSMG, Inc, their officers, applicable, owners and lessor's of premises used or the erty associated with my presence or participation v; and, d be aggravated by my participation in activities related ate Games, CT Masters Games etc.), and all of its ur status; and, laterials related to the "Games". I hereby also consent overage of the Nutmeg State Games in any manner contributed to, by, or resulting from: an outbreak of e coronavirus 2 (SARS-CoV-2)", which is responsible ing) as required per facility or State mandate. It agree to all of its items.  ion, and in acknowledging that I am aware of and is and indemnify Connecticut Sports s, damages and causes of action of any nature last them for, on account of, or by reason of my
I HAVE READ THIS RELEASE OF I HAVE GIVEN UP SUBTANTIAL RI	GHTS BY SIGNING IT, AND SIGN IT	SK AGREEMENT, FULLY UNDE FREELY AND VOLUNTARILY V	RSTAND ITS TERMS, UNDERSTAND THAT I
REQUIRED FOR PARENTS/GUAR	DIANS OF PARTICIPANTS OF ATHLI	ETES UNDER 18	

This is to certify that I, as parent/guardian with legal responsibility for this participant do consent and agree to his/her release as provided above of all the Releasee's, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasee's from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.