

ShopRite® Nutmeg State Games T&F Meet Schedule

WEATHER DELAY PLEASE NOTE CHANGES!!!

July 13th, 2024, Veteran's Stadium, New Britain, CT

Event Times will NOT start earlier than scheduled.

ALL Implement weigh in will be in the GARAGE

- **10:00 AM Long Jump & Triple Jump, Men and Women's**
 - Triple jump will begin after the completion of the Long jump
 - Pit 1 (Women) - Youngest to Oldest: 8U → 80+
 - Pit 2 (Men) - Youngest to Oldest: 8U → 80+
- **10:30 AM - Pole Vault Men & Women**
 - Women will begin at 8:30 am followed by the Men
 - Women All Ages, then Men All Ages
 - No limit in Jumps unless the athlete fails three jumps in a row.
- **10:30 am - Javelin @ Turbo Jav Women**
 - Youngest to Oldest: 6&U → 80+
- **10:30 am - Shot Put Men**
 - Oldest to Youngest: 80+ → 8U
- **10:30 am - Discus - Women**
 - Oldest to Youngest: 80+ → 8U
- **10:30 am - TRACK EVENTS BEGIN:**
 - One Mile Race Walk
 - 4 x 100 Meters Relay (exhibition)
 - 100 Meters
 - One Mile Run
 - 400 Meters
 - 800 Meters
 - 2000 Meter Steeple Chase
 - 200 Meters
 - Two Mile Run
 - 4X400 Relay (exhibition)
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- **11:00 am - High Jump Women**
 - 3 Jumps per attempted height
 - Youngest to Oldest: 8&U → 80+
- **11:00 AM High Jump Men**
 - **Will follow Women's High Jump**
 - Youngest to Oldest: 8&U → 80+
 - 3 Jumps per attempted height
- **12:30 pm - Javelin @ Turbo Jav Men**
 - Youngest to Oldest: 6&U → 80+
- **12:30 pm - Shot Put Women**
 - Oldest to Youngest: 80+ → 8U
- **12:30 pm - Discus - Men**
 - Oldest to Youngest: 80+ → 8U
- **3:30 PM – Hammer**
 - Women Youngest to Oldest: 15-16 → 80+ followed by
 - Men Oldest to Youngest: 80+ → 15-16

