

31st Annual ShopRite Nutmeg State Games

WARMUP SCHEDULE

*Please note the separation of ages for increased safety

*Starts occur during the final few minutes of your warmup assignment

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
8:45-9:05am	<u>8 & Unders</u> MJCC (3) TAC (1) NSC (1) WDOL (1) HNYT (1)	<u>Ages 9-10</u> SEAL (9)	<u>Ages 11-12</u> SEAL (11)	<u>Ages 9-12</u> WRTS (7) SAQ (2)	<u>Ages 9-12</u> CPAC (2) UN (1) GLAS (1) CCAT (2) BGS (1) BSR (1)	<u>Ages 13+</u> BGCG (2) BSP (1) CDOGS (1) GRIT (1) WYW (1) UN (1)
9:05-9:25am	<u>8 & Unders</u> SEAL (5) ZEUS (1)	<u>Ages 9-12</u> TAC (10)	<u>Ages 13+</u> TAC (5) WDOL (3)	<u>Ages 9-12</u> WDOL (7) STAQ (1) HNYT (2)	<u>Ages 13+</u> STAQ (1) HNYT (2) CPAC (1) MJCC (4)	<u>Ages 13+</u> NSC (9)
9:25-9:45am	<u>Ages 9-12</u> MJCC (6) NSC (3)	<u>Ages 13+</u> SEAL (4) GLAS (2)	<u>Ages 13+</u> WRTS (5)	OPEN	OPEN	OPEN